## North Okanagan HOSPICE SOCIETY

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## Journeys Campaign

"You matter because you are you, and you matter to the end of your life. We will do all we can not only to help you die peacefully, but also to live until you die." – Cicely Saunders, hospice movement pioneer

NOHS relies heavily on the generosity of our community, and it is donations like yours that continue to allow our staff and volunteers to perform our work.

In addition to providing quality end-of-life care, NOHS provides grief and bereavement counselling to hundreds of individuals each year and has expanded into children and youth counselling. This year, we also implemented a dedicated free 24/7 end-of-life navigator service for anyone who needs support to better understand and move through the healthcare system from diagnosis of a palliative or life limiting illnesses through to support for those grieving.

## "You guys do incredibly difficult work here and we can't imagine having a more thoughtful, gentle, kind, loving and compassionate team, thank you from our deepest hearts." (Family Quote)

Our Nav-Care program is training more volunteers to go out into the community and help people with life limiting illness navigate the complexities of the health care system to get those individuals the help they require.

In addition to end-of-life care, NOHS also had a 38% increase in respite care in the last 2 years, providing relief for fatigued care givers and supporting clients to better manage their pain and symptoms, so that they are able to confidently and comfortably return home and continue their journey.

NOHS is grateful for the support received from the BC government through Interior Health Authority for the operation of the hospice beds, but we still require significant fundraising to meet community demands.

Any contribution you make during this campaign will be put toward the delivery of our residential Hospice care, and the community programming discussed above.

With Gratitude,

Lisa Matthews, BScN MPH Executive Director



## YES, I WANT TO HELP. Please use my donation to help make every moment of life count.

Name:		Address:		
City:				
Phone:		Email:		
Enclosed, please find my contribution	of: 🗆 \$50 🖾 \$100 🗖 \$200 Other \$			Monthly recurring donation
Please select one of the following: $\Box$	] Cash 🔲 Cheque 🔲 Credit Card			
Card #	Expiry Date		Signature	
Donations to North Okanagan Hospice Society are eligible for charitable receipts.			Check here if you would like to learn more about a Legacy Gift to NOHS	

Cheques or money orders should be made payable to North Okanagan Hospice Society.

Charitable Registration Number: 10817 0648 RR0001