

MY WISHES MY CARE

Starting the Conversation



What matters most to you for your health and personal care?

Join others in a conversation to explore your values and beliefs as a first step to planning for your future care.



FREE event for people experiencing memory loss or early symptoms of dementia.

You can invite a family member or a friend to join you!

Date: January 20, 2021

Time: 1-2:30 PM

Location: Via Zoom

Please register by: January 19, 2021

Registration via Eventbrite www.eventbrite.ca. Click [HERE](#) to register.

Questions?

Call: Clara Dyck, RN MSN, Education and Resource Leader, NOHS, **250-503-1800 Ext 104**

Email: clara@nohs.ca

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