

MY WISHES MY CARE

Advance Care Planning Information Sessions



Do you have a plan for your future health and personal care?

Come learn about the steps of
Advance Care Planning.

Our information sessions will help
you get started.



FREE sessions for people experiencing
memory loss or early symptoms of
dementia.

**You can invite a family member
or a friend to join you!**

Date: January 27 and February 3, 2021 (2 Part Session)

Time: 1-3:00 PM

Location: Online via Zoom

Please register by: January 26, 2021

Registration via Eventbrite www.eventbrite.ca. Click **HERE** to register.

Questions?

Call: Clara Dyck, RN MSN, Education and Resource Leader, NOHS, **250-503-1800, Ext 104**

Email: clara@nohs.ca

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